

What is life?

So, what do you think life is really about? It's one of those big questions that always hangs around, isn't it? Some days, you feel like life is just about surviving-like the basics of biology. You grow, you eat, you reproduce, you adapt. It's a system that just keeps going, right? But there's got to be more to it than that, don't you think?

You go through life's ups and downs, and at some point, we start asking ourselves, What's the point of it all? Why are we here? Is life about chasing money, things, happiness, finding love, or simply getting through the day? Some people believe life has no pre-set meaning. According to existential thinkers, **it's up to you to create your own purpose**, to decide what matters to you and how you want to live.

But then there's the idea that life is about the experiences you have, the connections you make, and how you grow along the way. It's about the little things: the first sip of coffee in the morning, a conversation with your friend, or just being present in nature. Life, in this sense, isn't about "what's the meaning?" it is more about the richness of the experience itself.

What if the purpose of life is to live truthfully to yourself? Being aware of how little time you have, being grateful that you woke up and reading this. What if life is experiencing the full range of emotion of life itself? Most people blame other people for the life that they have. But the truth is, the life that you have when you were a kid is not your fault, but the life that you will choose as you grow and being the best version of yourself is your own decision. You have to realize that the life that you have today is the life that you chose. The career, the habits, the dreams and goals that you have is what you chose.

Imagine about it: When you look back on your life, from the moment you born, it's often those small, meaningful experiences that you remember the most. Whether it's time spent with your grandmother, grandfather, mother, father, friends, partner, your children, or even your Ex that still thriving. Yes, that precious smile you have, those shared laughter, deep bonds, and precious moments made you feel truly seen and alive. Life isn't always about making money, everything perfect or solving some grand mystery-it's about embracing the ride. Some days will be tough, others will feel like pure magic, but in the end it's all part of your unique journey.

But here's the thing: There's no one-size-fits-all answer to what life is or what it's supposed to mean. You can't just pull out a manual and get it all figured out. Life is yours to define, and that's both a blessing and a challenge. Whether you believe life is about personal experiences or you're on a quest for a deeper, existential meaning, it's all part of this messy, beautiful story we're living.

Life is a mix of biology and choice, routine and spontaneity. You wake up every day and, without even realizing it, you're constantly deciding what matters. You decide how to spend your time, who to love, what to chase after, and how to respond to the world around you. In a way, you're constantly shaping your life through the small choices you make and those things build up over time.



So, what is the meaning of life? it's about creating meaning within yourself. As you grow, your priorities, choices, and perspective will change. But no matter what, you're here. And that's a blessing. So, Treasure every precious moments with your family, because at the end of the day, you only have one family in this life. Appreciate the people around you, love the right woman who empower the choices you make, always be calm, and have faith on your mighty creator.

Sometimes life will throw hard questions your way, but that's okay. In fact, the questions might be the point. Maybe life is about learning how to live with those questions, and maybe even finding peace in not knowing all the answers.

It's your story, your adventure, and only you can decide what life means to you. And even if you don't have all the answers right now, just being open to the journey is part of what makes life so special. Nobody knows what we're doing here.

You have power over your mind - not outside events. Realize this, and you will find strength - Marcus Aurelius

